

# October 2017



*TLC ELC kids ready to march in the Heritage Day Parade*

## **Heritage Day Parade**

Thank you to all who marched with us in the Heritage Day Parade last month. We had a great time. We were excited about the 15 different families, 9 staff and their families for a total of 56 people involved in the morning. We also saw more than 15 of our families (both current and past) in the audience cheering us on.

## **Picture Days**

We will be taking the children's indoor pictures on Thursday, October 12<sup>th</sup> and Friday, October 13<sup>th</sup>. There will be a note going home letting you know which day is set up for your child's class, we will also have signs up. Barb and her friend, Amy, will be the photographers. They are also offering sibling/family pictures in the early morning hours on both days and in the afternoon and early evening on Thursday. If you are interested, please contact Barb (952-884-7955) to reserve a spot.

## **Openings**

We have one opening in the Duck Tail room (for a child born in 2013). We appreciate your telling your friends and those you work with about our program.

## **Wanted: Board Members**

We are currently seeking 3 or more ELC parents or TLC church members to serve on the TLC-ELC Board of Directors. The next term will start February 1<sup>st</sup>, 2018 and ends in January 2021. Board meetings are held once a month (7am or 5pm depending on the

availability of the board members), and the expectation is that you attend at least 9 meetings every year. We have a variety of committees (including financial, personnel, operations, fundraising and marketing) which we ask a board member to lead and participate in. No experience necessary, this is a great opportunity to become involved in the ELC and meet other parents! We are going through many exciting things in the next 3 years: updating the playground, purchasing another bus and our regular renewal of our Accreditation standing. Please talk to Barb (952-884-7955) or Ann Johnson (612-202-4338) our ELC Board President, if you are interested or have any questions. The ELC Board is crucial in the success of the center. We need your involvement.

## **Board News**

We closed up our last fiscal year at the end of August. We met our financial goals and are looking at the goals set up for the upcoming year. One big goal that we have is to raise the money to upgrade the playground. We would like to remind all parents of the **GIVE TO THE MAX** day (November 16<sup>th</sup>). We are researching how we can be a part of that program to help our playground needs. More information about this will be coming out. We also would like all families to remember that we are a non-profit organization.

## **Box Tops Challenge**

We will be having a Box Tops contest throughout the month of October. This year's contest theme will be

Vikings vs Packers. Drop your Box Tops in either the Vikings box or the Packers box thru October 27. We will decorate TLC in the colors of whichever team collects the most Box Tops. Box Tops can be found on dozens of food and other household items (toilet paper, paper towels etc...). For every Box Top we turn in TLC ELC earns 10 cents. Thanks for your support! Go Vikings!!! Or Packers....

### **Halloween Night Dinner**

TLC ELC will be providing a family dinner on Tuesday, October 31. We know this can be a busy night for families Dinner will be served here at TLC from 4pm to 530pm. More information to follow.

### **Please Review our Nap Policy**

#### ***Rest / Nap Policy (Taken from the Family Handbook)***

It is TLC-ELC's policy that all children, through preschool, will have a body rest. They will not be required to remain on their cot, crib or mat more than 30 minutes. Due to many studies that have shown naps to be beneficial for brain development, we believe that it is detrimental to wake up a sleeping child, their body needs that rest. Being overly tired can also hinder their ability to sleep at night.

Children nap in their designated rooms on their designated cots, cribs or mats. Individual blankets are encouraged since the rooms can get chilly during this time. Children may also have a pillow or soft toy, as long as they are not distracting. It is important that the parents provide an adequate bag to hold their child's sleep items. These items must be taken home weekly, the blankets should be washed.

Two staff will be in each of the rooms to help the children fall asleep. Methods staff may use to help the children fall asleep include:

- calming methods such as rubbing or patting their backs
- playing calming music in the room, or white noise to drown out hallway noises
- darken the room - still light enough to see the children's faces
- quietly reading a group story or quietly talking with individual children

The Turtle group (the infants) will also follow the above guideline, except infants are not allowed to have a blanket or anything else in the crib with them besides a pacifier. Staff will work with parents as to the sleep schedule of the children. Calming methods will be used to help the children fall asleep

Children who get up will be provided a place to play away from the napping children. Staff will be assigned to pull out equipment/activities and supervise these children. Children can be grouped together during this time following DHS Rules, Ratio and Group size guidelines.